



2026 Scientific Assembly Agenda

Thursday, August 27

- 7:00 - 8:00** **Conference Registration & Check-in**
Breakfast Sponsored by AFMC
- 8:00 - 8:20** **Welcome & Annual Business Meeting**
Justin Voris, M.D. 2025-2026 ARAFP President
- 8:20 - 9:00** **Keynote - Happy People, Stronger Teams, Better Outcomes**
Kim Hodous
- 9:00 - 10:00** **Practical Strategies to Navigate Obesity Management**
Nicholas Pennings, D.O.
- 10:00 - 10:30** **Coffee Break with Exhibitors**
- 10:30 - 11:15** **Getting Connected: Addressing Screen Time**
Chad Rodgers, M.D.
- 11:15 - 12:00** **From Medical Scribes to AI: Transforming Documentation While Managing Risk** - Sheri Smith, FACMPE, SHRM-CP
- 12:00 - 1:30** **Lunch and Exhibitor Time - Lunch Sponsored by SVMIC**
- 1:30 - 2:15** **An ABFM Update: The Now and Future of ABFM Certification** - Gary LeRoy, M.D., FAAFP, DABFM
- 2:15 - 3:00** **Well Doc, How Long Have I Got? Evidence-Based Prognosis** - Nicholas Gowen, M.D., FACP
- 3:00 - 3:30** **Snack Break with Exhibitors**
- 3:30 - 4:15** **Hospital Medicine Quick Hits 2026**
Franklin John Gray, M.D.
- 4:15 - 5:00** **Inflammatory Markers: Diagnostic Heroes or Just Muddying the Water** - Emily Pruitt, M.D.
t2p
- 5:00** **Adjourn - Enjoy the Argenta District!**

CME Information

As a free member benefit, we are happy to report your earned CME hours directly to AAFP on your behalf!

Translation to Practice (t2p) for additional CME Credit - complete the three-step t2p process and earn more CME credits.

The AAFP has reviewed ARAFP 2026 Scientific Assembly (79th Annual) and deemed it acceptable for up to 18.75 Live. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Following this CME activity, participants will have the opportunity to earn up to an additional 8 Prescribed credits for participation in each Translation to Practice® exercise

Fam Med Notes



Cast your vote for the **Best Back to the '80s Exhibitor Booth** and the People's Choice Award for **Best Family Medicine Research Poster!**

Each attendee may cast one vote in each category. Your voting tickets are inside your name badge holder. Visit the Exhibitor Hall to vote. Voting will only be open on Thursday.

Doctor's Lounge

Need a Quick Break?

Stop by the Doctor's Lounge to recharge your phone, take a private call, check messages, or grab a snack. You'll find it in the DeCantillon Room 1004, just past the restrooms on the right.



Family Medicine Celebration & Casino Night

Celebrate the heart of our profession with an evening of Back to the 80s nostalgia sponsored by Baptist Health and Blue Cross & Blue Shield. We will recognize our Academy Award winners, install our new board, and award fellow degrees. We'll cap the night off with a Casino fundraiser for the Foundation to support the future of family medicine.



River Run for Residents

Wake up Saturday and walk, run, bike or skate down the River Trail. Get a little exercise before Saturday lectures kick off and support Resident activities.

Where Family Physicians Belong

Subject to change

Friday, August 28

- 7:00 - 8:00** Conference Registration & Check-in. Breakfast Sponsored by AFMC
- 8:00 - 8:45** **Keynote - AI & Family Medicine: Practical Insights for a Changing Landscape**
Sarah Nosal, M.D., FFAFP - AAFP President
- 8:45 - 9:45** **Targeting Aldosterone in Heart Failure and CKD**
t2p Eugene Wright, M.D.
- 9:45 - 10:15** **Coffee Break with Exhibitors**
- 10:15 - 11:15** **The Wake-Up Workshop Initiative: Your Practical, Comprehensive Guide to Obstructive Sleep Apnea**
t2p
- 11:15 - 12:00** **Mistaken Identity: When "Sciatica" is Actually Sacroilitis**
Saman Farr, D.O.
- 12:00 - 1:15** **Lunch and Exhibitor Time - Lunch Sponsored by AR Surgical Hospital**
- 1:15 - 2:00** **Pertinent Pharm Pearls for 2026**
Dosha Cummins, PharmD
- 2:00 - 3:00** **Alpha-Gal Syndrome: From Tick Bites to Anaphylaxis**
Natasha Bray, D.O.
- 3:00 - 3:15** **Break**
- 3:15 - 4:15** **30 Tips in 60 Minutes**
Scott Dinehart, M.D., Keith Mooney, M.D., and Wade Brock, M.D.
- 4:15 - 5:00** **Imiquimod: Trust the Experience, Toss the Insert**
Scott Dinehart, M.D.
- 5:00** **Adjourn - Get ready for the Fam Med Back to the 80's Celebration!**
- 6:00** **Glow-up Reception**
-  **6:30** **Back to the 80's Fam Med Celebration Awards Dinner & Casino Night - Installation Dinner Sponsored by Baptist Health & AR Blue Cross Blue Shield**

Saturday, August 29

- 7:00 - 8:00** **River Run at the River Trail**
- 7:30 - 8:30** **Breakfast Sponsored by AFMC**
- 8:30 - 9:30** **When Blood Pressure Won't Budge: Unmasking Hypercortisolism in Resistant Hypertension**
Eugene Wright, M.D.
- 9:30 - 10:30** **Advancing the Early Detection of Lung Cancer: A Multipronged Educational Initiative to Elevate Evidence-Based Screening Practices - Israel "Rudi" Rubenstein, M.D.**
- 10:30 - 10:40** **Break**
- 10:40 - 11:40** **Integrating Substance Use Disorder (SUD) Treatment into Your Practice: Tips & Best Practices - Jason Lofton, M.D.**
- 11:40 - 12:15** **Lunch Break**
- 12:15 - 1:00** **Beyond the Office EKG: Remote Patient Monitoring and Wearable Cardiac Technology**
t2p Mickey Deel, D.O.
- 1:00 - 3:00** **POCUS Workshop: FAST, Chest Trauma, and Obstetric Assessment**
Mickey Deel, D.O.